

## Kama Chakra

Kama Chakra is a process which clears what is motivated by desire rather than by the Self. 98% of human problems are related to kama (desire), 1% to survival, and 1% to various other problems.

It is highly recommended to have experience with integration of experiences (emotional transmutation, ego recognition...) before you start this process. You will need a mala (prayer necklace with 108 or 109 beads) to do this process.

Meaning of Kama Chakra: Ever moving desire.

Most desires are tied to past buried suffering. It is only by unburying these experiences of suffering that we can purify our ability to desire, and use desire, with self-mastery, to elevate our consciousness and work consciously with forces of nature.

We have experiences related to desires at every human level:

- Flesh, transmitted by the genetic code
- Life, such as vampirism
- Emotions—expectations and attachments
- Mental—being right, competition, intellectual supremacy.

The goal of the Kama Chakra process is to purify your human experiences related to desire using the first mantra, then to develop pure desires, and even use them in a spiritual way using the six other mantras.

During the entire charging of the Kama Chakra, it is highly recommended to contemplate the Sri Yantra. This will guide our mind into the desired state. General guidelines for all mantras of Kama Chakra: If you experience emotional reactions while chanting the mantras, rest and integrate a bit between each bead. The Kama Chakra mantras may be charged simultaneously. You don't have to finish charging the first mantra before charging the second mantra.

## Sri Yantra of the Divine Mother

Meaning of Sri Yantra: Supreme (Sri) Tool or Talisman (Yantra)

### Contemplation:

At first, we feel outside the Divine Mother, but when we fix the sri yantra our consciousness moves into the universal womb. Shift your perception to the point of view of the Divine Mother, looking at the yantra from within, towards the outside.

### Detailed View:

The minuscule sphere at the center is where the Divine Mother is hidden.

Nine intersecting triangles is an expression of the universal matrix. It is Shakti, the essence or energy of the Divine Mother. They represent various levels of expansion and refinement of the universal un-manifested substance. Nine is the number of the matrix. The triangle itself signifies expansion, and also holds the liquid of the womb.

The eight and sixteen petaled lotuses represent the sexual organs of the Divine Mother giving birth. The eight petals are like the inner lips of the vagina; the sixteen petals are like the outer lips. The inner lips/petals are pale beige (inner shape), representing the inner wisdom. The outer lips/petals are red (outer shape), representing tangible energy.

The minuscule sphere in the middle of the Sri Yantra is the outer shell of the Divine Mother, the seed of the Big Bang. It holds the power of all the universe.

The blue sphere that the triangles sit in is the channel leading to the Mother's womb, or uterus.

The square is a symbol of outer shape, or doorway. The cross is a symbol of structure. Thus, the square embedded cross is a symbol of the shapes and structures ready to manifest.

The outer squares are symbols of the manifestation itself. This particular Sri Yantra is surrounded by a square texture of dark blue and earth colors. They are like leaves, signifying nature.

Expanded View: The Sri Yantra of Divine Mother is the entire Universe. What we first perceive is the opposite of reality. As our eyes move from the outer edges of the Sri Yantra inward to the Divine Mother hidden in a tiny sphere, we see a transition from gross structure to something refined and subtle. But in reality the Divine Mother is immense and all encompassing. Everything is within the Divine Mother.



## First Mantra

**Om DhĪm Klīm Hrīm**

**Shanti Karuna Kama**

DhĪm: Bija mantra of physical substance /body

Klīm: Bija mantra of desires and feelings /emotional

Hrīm: Bija mantra of purification, fire of Shiva /mental

Shanti: Peace

Karuna: Compassion

Kama: Desires

This 1st mantra of Kama Chakra will help you to be in peace and compassion with your desires. That's the 1st to master your desires. Stop fighting them, stop being a victim of them.

To charge the mantra, do 1 mala per day for 41 days while fixing the Sri Yantra of Divine Mother. Integrate every day to purify the experiences as they show up.

## Second Mantra

**Vishwa Shakti Avaham**

Vishwa: universal

Shakti: energy of Divine Mother, everything feminine in the Universe (mother, daughter, lover, friend), but undefined with no relationship

Avaham: come here, manifest, make it to be, let me know you are here

The second mantra of Kama Chakra will summon the Divine Mother. Women chant this mantra to know themselves as Divine Mother, divine lover, divine Shakti, pure feminine energy. Men chant this mantra to penetrate into the universal women, like if every cell was individually penetrating the universal feminine substance of the universe.

To charge the mantra, do 9 malas per day for 12 days while fixing the Sri Yantra of Divine Mother.

## The Third Mantra

### Tat Pranamami Sada Shivalingam

Tat Pranamami:	an expression meaning “I bow to completely salute and immerse myself”
Pranama:	supreme salutation. Pra: Supreme. Nama (salutations from “Namah”)
Mi:	I (done by me)
Sada:	eternal
Shivalingam:	sexual power of God undefined, the male energy in the universe. (in some traditions mean phallus of Shiva, but not here).

Men chant this mantra to identify themselves as the universal masculine energy; sexual energy at the highest level, which is not sexual anymore. Women chant this mantra to be completely penetrated by divine creating power; every cell of the body is penetrated individually.

To charge the mantra, do 9 malas per day for 12 days, contemplating the Sri Yantra.

### Fourth Mantra

#### DhĪm Ra Ra

DhĪm: bija mantra of physical substance / body

Ra Ra: bija combination of activation

To charge the mantra, do 9 malas per day for 12 days. Bija mantras to embody divine energies

### Fifth Mantra

#### KlĪm Ra Ra

KlĪm: bija mantra of desires and feelings

Ra Ra: bija combination of activation

To charge the mantra, do 9 malas per day for 12 days. Bija mantras to immerse the heart with divine energy

## Sixth Mantra

**Om AĪm KlĪm HrĪm**

**SatSundara R'shiNaya**

AĪm:	bija mantra of wisdom, knowledge
KlĪm:	bija mantra of desires and feelings /emotional
HrĪm:	bija mantra of purification, fire of Shiva /mental
Sat:	Truth
Sundara:	noble, lovely
R'Shi:	Holy
Naya:	way or path
SatSundara R'shiNaya:	True noble beauty is the holy behaviors

This mantra is to align your desires, with wisdom, towards a noble truthful and holy way. To let the Truth of desires to flourish.

## Seventh Mantra

**Om naga naga naga**

**nam nam nam**

**rupa rupa rupa**

**raksha**

Naga: means serpent or snake. In this case, it refers to a stream of consciousness in nature that looks like a snake, but is not. It is a natural force that flows in natural substance. Nagadevi is the Divine Mother at the level of natural forces. This is why this mantra, invoking various levels of nagas, is part of the kama chakra process. It is by combining feeling and consciousness that we can address the nagas, the natural forces. The first naga addresses physical natural forces. The second addresses emotional natural forces, and the third addresses mental natural forces.

Nam: is a bija mantra to address a force, a power or a divinity, in this case addressing the three nagas.

Rupa: means shape. It is not necessarily the body, but the first rupa is about the physical shape, thus we want the first naga to influence our body. The second naga will influence the shape of our astral or emotional plane. The third will address the shape of our mind.

Raksha: means protect, therefore this mantra summons nagas to protect our physical shape, and emotional and mental integrity.

Charge 1 mala x 41 days.

## **Eighth Mantra**

### **Om ParamAditi Araga Swasthya**

Parama: the highest or furthest

Aditi: boundless

Araga: non-attached love

Swasthya: Self-contained

Param Aditi Araga Swasthya: highest freedom is non-attachment and self-containment.

## **Ninth Mantra**

### **Om namah kundalini Shakti**

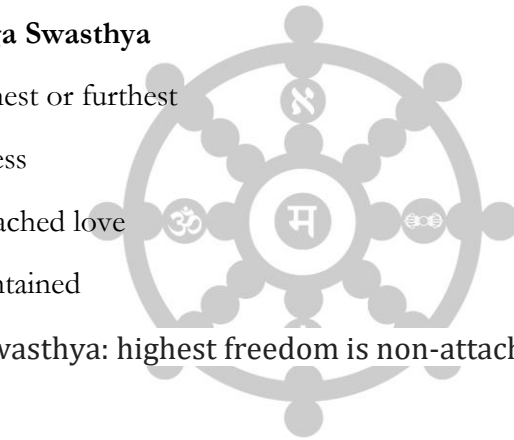
Namah: salutation

Kundalini: divine energy in nature

Shakti: feminine vibration in all things

This mantra invokes our Kundalini energy. It summons its presence in us. It will vibrate in tune with the universal Kundalini Shakti energy. This is a very good introduction to Kundalini energy.

To charge the mantra, do 9 malas per day for 12 days.



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## Tenth Mantra

Om Dhīm Ram

Dhīm Ram

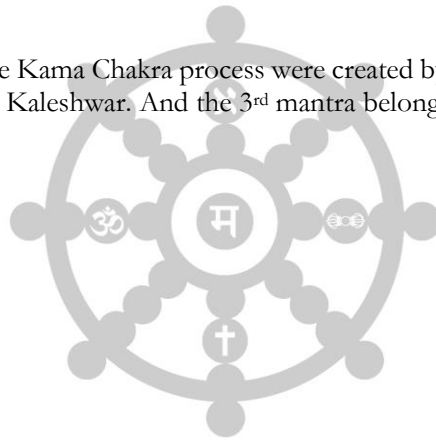
Dhīm Ram

Dhīm: bija mantra of physical substance / body

Ram: Pleasure, enjoyment

This mantra teaches you to finally enjoy desires in every form (mind, emotions, vital and flesh) with no judgment but still with prudence.

The 1<sup>st</sup>, 6<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> mantras of the Kama Chakra process were created by Maha Vajra. The 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 7<sup>th</sup>, 10<sup>th</sup> mantras were created by Sri Kaleshwar. And the 3<sup>rd</sup> mantra belongs to the Hindu Tradition



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